

# BMO Okanagan International Race Courses Proposal 2009

## legend

- 5 km
- 10 km
- half marathon
- marathon

### 5 km

- City Park - ER
- Abbott St - ER
- Bernard Ave - ER
- Graham St - ROC
- Fuller Ave - ER
- turn around
- Fuller Ave - ROC
- Graham St - ROC
- Cawston Ave - ROC
- Water Street - ROC
- Queensway Ave - ER
- Mill Street - ER
- Mill Street - ER
- Bernard Ave - RCL
- City Park - ER

### 10 km

- City Park
- Abbott St - ER
- Bernard Ave - ER
- Highline Dr - ROC
- Edgewood Dr - ROC
- Orchard Dr - ROC
- turn around
- Orchard Dr - ROC
- Wilson Ave - ROC
- Gordon Dr - ROC
- Cawston Ave - ROC
- Water St - ROC
- Queensway Ave - ER
- Mill St - ER
- Bernard Ave - RCL
- City Park - ER
- Lake Ave - ER
- Abbott St - ER
- Glenwood Ave - ER
- Pandosy St - ROC
- Lake Ave - ER
- City Park - ER

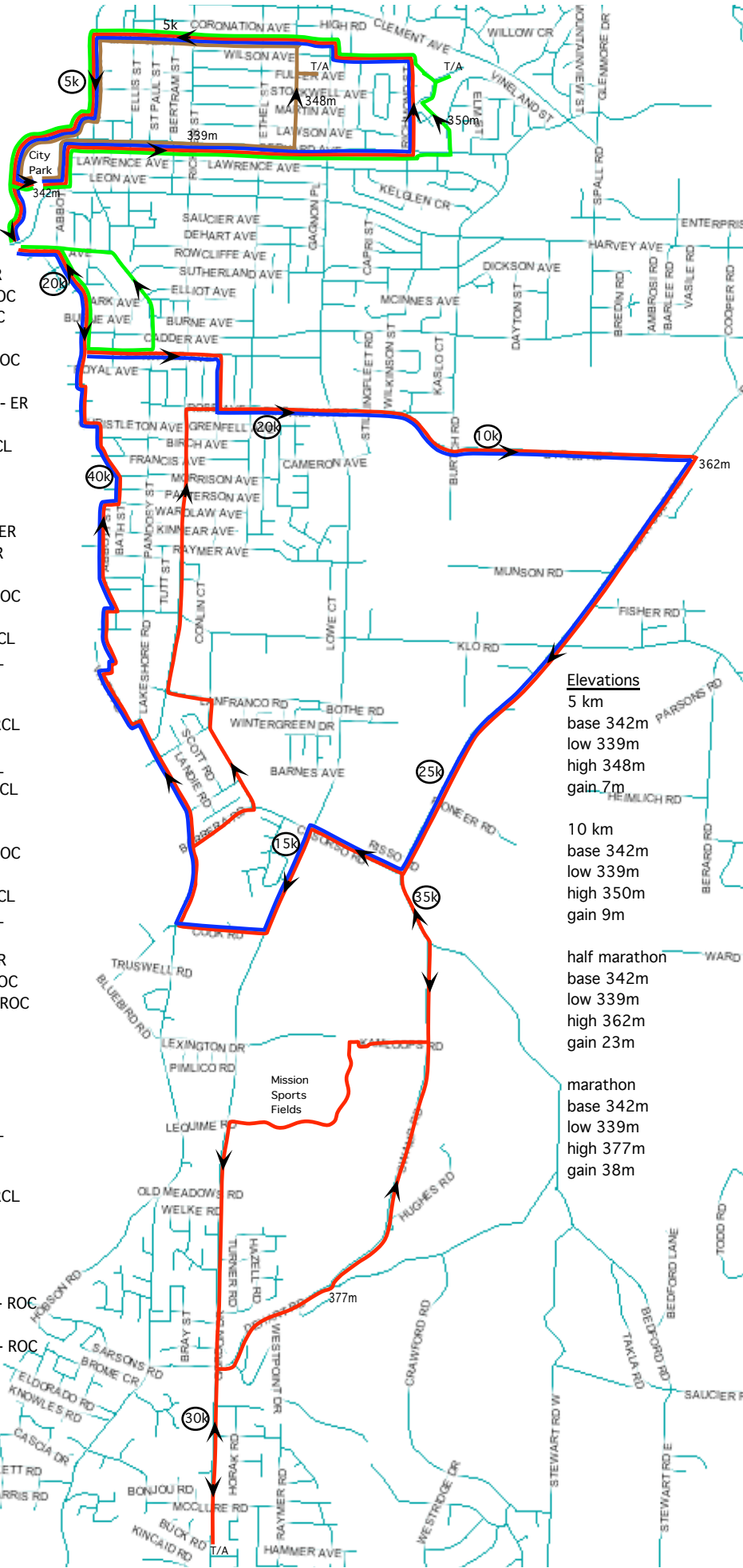
- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre
- ER - Entire Road
- T/A - Turn Around

### Half Marathon

- City Park
- Abbott St - ER
- Bernard Ave - ER
- Richmond St - ROC
- Wilson Ave - ROC
- Gordon Dr - ROC
- Cawston Ave - ROC
- Water St - ROC
- Queensway Ave - ER
- Mill St - ER
- Bernard Ave - RCL
- City Park - ER
- Lake Ave - ER
- Abbott St - ER
- Glenwood Ave - ER
- Aberdeen St - ER
- Rose Ave - ROC
- Guisachan Rd - ROC
- Byrns Rd - RCL
- Benvoulin Rd - RCL
- Casorso Rd - RCL
- Gordon Dr - RCL
- Cook Rd - RCL
- Lakeshore Rd - RCL
- Watt Rd - ROC
- Walnut St - ROC
- Cedar Ave - ROC
- Abbott St - ROC
- Wardlaw Ave - ROC
- Abbott St - ROC
- Christleton Ave - ROC
- Abbott St - ROC
- Strathcona Ave - ROC
- Abbott St - ROC
- Lake Ave - ER
- City Park - ER

### Marathon

- City Park
- Abbott St - ER
- Bernard Ave - ER
- Richmond St - ROC
- Wilson Ave - ROC
- Gordon Dr - ROC
- Cawston Ave - ROC
- Water St - ROC
- Queensway Ave - ER
- Mill St - ER
- Bernard Ave - RCL
- City Park - ER
- Lake Ave - ER
- Abbott St - ER
- Glenwood Ave - ER
- Aberdeen St - ER
- Rose Ave - ROC
- Guisachan Rd - ROC
- Byrns Rd - RCL
- Benvoulin Rd - RCL
- Casorso Rd - RCL
- Gordon Dr - RCL
- Cook Rd - RCL
- Lakeshore Rd - RCL
- Barrera Rd - RCL
- Casorso Rd - RCL
- Lanfranco Rd - RCL
- Richter St - RCL
- Rose Ave - RCL
- Guisachan Rd - ROC
- Byrns Rd - RCL
- Benvoulin Rd - RCL
- Casorso Rd - RCL
- Swamp Rd - RCL
- Kamloops Rd - ER
- Lexington Dr - ROC
- Mission Sports - ROC
- Gordon Rd - RCL
- turn around
- Gordon Dr - RCL
- Dehart Rd - RCL
- Swamp Rd - RCL
- Casorso Rd - RCL
- Gordon Rd - RCL
- Cook Rd - RCL
- Lakeshore Rd - RCL
- Watt Rd - ROC
- Walnut St - ROC
- Cedar Ave - ROC
- Abbott St - ROC
- Christleton Ave - ROC
- Abbott St - ROC
- Strathcona Ave - ROC
- Abbott St - ROC
- Lake Ave - ER
- City Park - ER



### Elevations

- 5 km  
base 342m  
low 339m  
high 348m  
gain 7m
- 10 km  
base 342m  
low 339m  
high 350m  
gain 9m
- half marathon  
base 342m  
low 339m  
high 362m  
gain 23m
- marathon  
base 342m  
low 339m  
high 377m  
gain 38m